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A Village on the Move

CRESTWOOD ADVISER



Crestwood Copsicles Did It Again

Despite the coldest winter we have known in a while, the members of the Crestwood Police Department known as The Crestwood Copsicles are proud to announce another record breaking event. On March 1st, 71 friends and family members joined the Crestwood Copsicles and took the Polar Plunge into the icy waters of Lake Manteno.

The important part about this plunge was the fact that these 71 Polar Plungers had raised \$43,492 to do it. This is the highest amount the team has raised for any single event. This has resulted in Crestwood being recognized as the Top Fundraising Team in the State!

According to Detective Chris Soderlund, who heads the Torch Run Program, the number of people taking the plunge is not the important part but it's the 1,235 people who made donations that make the Copsicles so successful. "We have become well-known in our efforts to raise money for Special Olympics and people want to help support the cause," Soderlund says.

The Illinois Special Olympics helps support 22,000 children and adults with intellectual disabilities train and compete in 19 sports. Through Special Olympics, athletes enhance their physical fitness and motor skills, self-confidence, self image, friendships, social skills, and encourage family support.

Their next event will be the Cop on a Rooftop at Dunkin Donuts, located at

13661 S. Cicero on Friday, May 30, 2014 from 6:00 am until 2:00 pm. Officers will take their place on the rooftop as officers and Special Olympics athletes team up together and collect donations. These officers hope everyone will come out and help make a difference in the life of an athlete by making a donation. Everyone that makes a donation will receive a coupon for a free donut.

They will also have the Special Olympics Law Enforcement Torch Run t-shirts and hats for sale.

SHREDDING EVENT

This year the Crestwood Police Department will once again hold a Document Shredding Fundraiser that will be held at the police station on Saturday, June 21st from 10:00 am until 2:00 pm.

All are welcome to bring their personal and business documents for shredding. This includes old tax returns, business records, bank statements, cancelled checks, credit card statements, bills, receipts, and any other documents. Participants can watch their sensitive information being destroyed by a truck-mounted shredder provided by ProShred Security, which is a local business here in Crestwood. Shredding will cost \$10 for the first box and \$5 for each additional box. All proceeds of the fundraiser will go to support Special Olympics.

Crestwood Partners with Sheriff Tom Dart's Office

Late last summer, Cook County Sheriff Tom Dart reached out to over 130 Cook County municipalities offering the services of his Department to Village residents and elected officials, free of charge. Under the offer, the Sheriff's Office of the Inspector General may be used to investigate instances of fraud, waste, mismanagement and potential corruption within local government administrations.

In response to this offer, Crestwood Village Trustee, Theresa Flynn made contact with the Sheriff's office to obtain additional information and propose an ordinance before the Village Board that would accept the Sheriff's offer and provide an independent Inspector General for the Village of Crestwood. Presented for a vote, the ordinance was passed with the Mayor and Trustees Flynn, Toscas,

Jurka, Benigno and Madlener all voting in favor. Passage of the Ordinance provides another tool to ensure that Crestwood elected officials; municipal workers and contractors remain accountable to the citizens of Crestwood.

Sheriff Dart conveyed that at this time there are no significant issues related to Crestwood. His office however, now has the authority to track any new leads and seek charges or recommend discipline as Crestwood's Inspector General to employees, elected officials and contractors doing business with Crestwood.

Prior to adopting the ordinance, both Trustee Flynn and Pieroth met with Sheriff Dart and his team to understand in detail the role of an Inspector General for Crestwood. Trustee Flynn felt it was an extremely positive step for the Village and will serve to ensure that issues such as those experienced in the past with Village water administration can



(L to R) Trustee Bill Pieroth, Cook County Sheriff Tom Dart, Trustee Theresa Flynn, and Inspector Luke Hartigan

never happen in the future. Trustee Flynn also stated that the ordinance serves as a capstone for her service to residents, having now met each goal and promise she made during her campaign for Trustee. "Along with our efforts to make Crestwood fully accountable and transparent to residents, this ordinance now provides the tools needed to ensure that the honesty and integrity of elected officials, municipal workers and contractors remain uncompromised," she said.



Village Hall

13840 Cicero Avenue
Phone. 708.371.4800

Be sure to visit the Village website at:
www.Villageofcrestwoodil.gov

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The Crestwood Adviser is dedicated to presenting as much as it can about the Village of Crestwood so that the community can have the information it needs to strengthen and enrich the community of Crestwood.

Our goal is to report the news as fully, fairly and as accurately as possible. Your comments and suggestions are encouraged, by phone or in writing, whether or not you wish such letters to be published.

Under no circumstances will the Crestwood Adviser be liable for any misspellings, misprints, or damage caused by a Subscriber's reliance on information obtained. It is the responsibility of each Subscriber to evaluate the accuracy, completeness or usefulness of any information, opinion, advice or other content available through the Crestwood Adviser. Please seek the advice of professionals, as appropriate, regarding the evaluation of any specific information, opinion, advice or other content.

Electronic feedback can be sent to:
info@crestwoodadviser.com

For advertising:
ads@crestwoodadviser.com

Village Meeting Schedule

Village Board Meetings - 8:00pm-10:00pm

Crestwood Civic Center | 14025 Kostner Ave | April 3rd and 17th

Committee of the Whole - 7:00pm-9:00pm

Village Hall | 13840 S. Cicero Ave | April 2nd and 16th

Planning Commission – Zoning Board 8:00pm-10:00pm

Village Hall | 13840 S. Cicero Ave | April 14th and 28th

Recreation Commission - 6:30pm-8:30pm

Village Hall | 13840 S. Cicero Ave | April 1st and 15th

After Coffee Recap - Mayor Lou Presta

Last month's Cup o' Lou was held at the Biela Center. Mayor Presta was unable to attend the get-together due to conflict with an appointment. However, Trustees Dan Jurka and Theresa Flynn attended and took resident's questions, comments and concerns back to Mayor Presta and the Board for resolution. Items discussed were the congestion and poor signage at Kolmar, road repair in the Playfield area, street lighting, health inspections at food serving businesses, unkempt properties, garbage bins being put out too early and left out too long, rec center locker issues, siren testing volume and recycle tote rollout program. All issues brought to the table are being addressed.

Some plans already have begun in long-term project talks for the Playfield area and its road repair, water and sewer infrastructure plans. Engineers have been consulted and the State has offered a low interest loan on such an undertaking; grant money is also being sought. This will be a very costly project, but necessary. New lighting is in the works for Cicero as well as a residential street. Multiple inspections are being done where complaints have been made regarding possible health code violations in food prep areas, and fines have been issued, with a stringent follow up thereafter. Locker size is a concern at the Rec Center. While space is limited, the goal is to keep the size the same in

our new locker bid. Siren volume for emergency preparedness was directed to Emergency. On recycling efforts, the recycle tote seems too large for some single person homes and for the elderly. Allied Waste will make concessions by providing a smaller tote, but not until the initial rollout plan is in effect.

Other issues regarding personal property will be addressed with the proper department. Mayor Presta urges all to take pride in your home and community. This winter was especially harsh and the village recognizes the need for warmer weather to get house projects underway. Please be mindful that trees that are dead and decayed on your property are the responsibility of the homeowner and potentially pose a hazard to others' homes and utility services. In keeping with a tidy town, be mindful of placing garbage bins out too early or leaving them out well after time allowed. Officers will be issuing warning stickers in keeping with our ordinance. If there is a circumstance that warrants the occasional delay in bringing in the cans, please call the Village.

As always, contact your Village Hall with concerns. For the next Cup o' Lou meetup, see our Village website.

Crestwood Fire Department 2014 CPR Classes



Village Hall
13840 S. Cicero Ave
6:00-10:00 pm

April 3rd
June 3rd
August 5th
September 4th
October 1st
December 3rd

Healthcare Provider
Healthcare Provider
Healthcare Provider
Heartsaver AED
Healthcare Provider
Healthcare Provider

Cost:
Healthcare Provider
Resident \$35.00
Non-resident \$45.00

Heartsaver
Resident \$25.00
Non-resident \$35.00

*All students must be registered with village hall prior to day of class.
Classes may be cancelled due to low enrollment.*

Bill Nyhanna-CPR Coordinator **708-371-4805** bill@nyhanna.net



Pictured are most of the seniors from Shepard High School named Illinois State Scholars for 2013-2014.

Shepard Announces Illinois State Scholars for 2013-2014

Shepard High School in Palos Heights proudly announces that more than 40 members of the 2014 senior class have been named Illinois State Scholars by the Illinois Student Assistance Commission.

Roughly 10 percent of the state’s high school seniors earn this recognition each year. In order to earn Illinois State Scholar honors, students must:

- Attend an Illinois State recognized high school;
- Be a United States citizen or an eligible non-citizen;
- Be a resident of Illinois;
- Take the ACT, SAT I, or Prairie State Achievement Exam during the third or fourth semester prior to graduation from high school (typically between September 1 and June 30th of the junior year);
- Rank in the top one-half of his or her high school class at the end of the third semester prior to graduation from high school (typically as a junior in their sixth semester); and

- Graduate from high school during the academic year in which the student is selected as a State Scholar.

Shepard seniors named Illinois State Scholars this year include Haya Alalfi, Hussein Alrashdan, Kyler Ayres, Alexander Bruce, Rebecca Bruesch, Ashley Buksa, Sabina Choragwicki, Taylor Ciukaj, Bridget Curry, Desiree Davis, Daniel Ewers, Jamie Fredrick, Corey Galvin, Brittney Johnson, Alex Karasek, Matthew Kellerman, Kim Kosman, and Christina Kotas.

Also, Amy Lagerstrom, Kaley Lorch, Ivan Magana, Joshua Maier, Bryce Marrello, Colleen McNerney, Enrique Montoya, Trisha Mutzbauer, John Nagle, Luke Oprondek, Michael Peretz, Claudia Pina-Martinez, Brian Pioppo, Jonathan Randich, Mariana Reyes, Quentin Riley, Kristina Schmude, Scott Schultz, Christian Wallace, Janek Wasag, Natasha Wierzal, Rowida Zatar, Rawan Zayed, and Nicholas Zuiker.

WORTH TOWNSHIP RENTALS

Facilities Available to Worth Township Non-profit groups and orgnizations (non-profit) hourly rental rates for township rooms.

New Gym: Resident* \$ 40.00 | Non-Resident \$55.00
Old Gym: Resident* \$ 30.00 | Non-Resident \$ 45.00

* Resident rate applied when 70% of the participants live within Worth

CRESTWOOD OFFICE SPACE AVAILABLE

Crestwood Available now 2200 sq.ft. to 4500 sq.ft.
Offices and warehouses with overhead doors and recessed dock. 18 ft. ceiling in warehouses.
Near 137th and Cicero.
Near I-294, I-80, I-57

Call: JolarEnterprise
708-301-8545, Mon.-Fri., 8AM to 5PM

Healthcare Provider CPR & Heartsaver AED CPR Training Classes

Do you know what to do in the event of a medical emergency? Would you be able to help save the life of a co-worker or loved one? Did you know the Crestwood Fire Department could train you in the basic skills that could someday save a life? The answer to all of these questions should be YES!

According to the American Heart Association, nearly 383,000 out-of-hospital cardiac arrests occur per year. Of those, 88 percent of cardiac arrests occur at home. Effective bystander cardiopulmonary resuscitation (CPR) provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival, but unfortunately only 32 percent of cardiac arrest victims receive CPR from a bystander.

My name is Lieutenant Bill Nyhanna and I am the CPR coordinator with the Crestwood Fire Department. I would like to take a few minutes inform you about a great public service provided by the fire department. The Crestwood Fire Department has a staff of dedicated CPR instructors certified by the American Heart

Association. These instructors not only have the knowledge to provide you a basic understanding of life saving procedures, they are also backed by countless years of experience in the field of emergency medicine. The Fire Department offers a number of CPR certifications. The two most common classes taught are **Healthcare Provider CPR and Heartsaver AED CPR**.

Healthcare Provider CPR is intended for the professional in the healthcare field such as nurses, EMTs, dentists, doctors, and any other professional that requires a credentialed card documenting successful completion. The four hour class will cover one and two rescuer CPR of adults, children, and infants, use of an automated external defibrillator (AED), and relief of a foreign body airway obstruction in both responsive and unresponsive adults, children, and infants. Skills also include the use of a bag-valve-mask and other barrier devices.

Heartsaver AED CPR is intended for the non-medically trained individual looking to receive

certification in CPR. This four hour class will cover basic CPR skills such as performing a head tilt-chin lift and giving compressions and breaths on an adult, child, and infant. Also covered is relief of a foreign body airway obstruction in both responsive and unresponsive adults, children, and infants. The course will also teach the steps of using AED.

In addition to the courses mentioned above, the fire department can also provide training in Friends and Family CPR and basic first aid. We can also accommodate large groups and offer on-site CPR training. More information and a schedule of classes can be found on the fire department's website located at www.villageofcrestwoodil.gov. For further questions, please feel free to contact me.

Lt. Bill Nyhanna CPR Coordinator
708-371-4805 | bnyhanna@villageofcrestwoodil.gov



We Watch, We Call!

Mayor Presta and the Board of Trustees have heard the requests of many to report crimes in our Village. Working with our Police Department, a compiled snapshot of a month's reporting will be shown here in the Adviser. We look forward to capturing a more detailed overview for our website in the near future. Our intent is to inform the public in order to protect and be vigilant in calling upon our Police. The Mayor urges all to stay tuned-in to your neighbors' well-being and property. Call our police, report suspicious activity, be aware. (911 or Dispatch non- Emergency 708-385-5131).

Thefts

02-03-2014: Unknown suspects removed a catalytic converter from a Chevy Cavalier that was parked at International House of Pancakes.

02-03-2014: Unknown suspects removed a catalytic converter from a Chevy Cavalier that was parked at Ultra Foods.

02-06-2014: An unknown suspect took a package that was delivered by the postal service from the 5700 block of 129th Street.

02-18-2014: An unknown suspect took a Garmin GPS from a vehicle in the 142nd block of Lamon.

02-18-2014: An unknown suspect took a wallet and black leather jacket from a vehicle in the 142nd block of Lamon.

Retail Thefts

02-21-2014 Two females were arrested at Kohl's and each charged with retail theft. One female had \$230.00 and the other had \$287.00 worth of merchandise.

Six people were issued local ordinance citations for retail theft during the month of February.

No License/Suspended Driver Arrest

02-03-2014: A male was arrested after being involved in an accident while driving a vehicle that had the plates suspended for mandatory insurance violations.

02-05-2014: A female was arrested after striking a light pole and a parked vehicle. She was cited for no valid registration, driving while license suspended, speeding and operating an uninsured vehicle at 4700 W. Cal-Sag Road

02-14-2014: A female was arrested in the 4900 block of Cal-Sag Road for disobeying a traffic control device and driving with a suspended license.

02-17-2014: A female was arrested after being involved in an accident and driving without a license in the 132nd block of Cicero.

02-19-2014: A male was arrested for driving a vehicle with no registration, driving with a suspended license and operating an uninsured vehicle in the 140th block of Karlov.

02-23-2014: A male was arrested for driving with a suspended license in the 132nd block of Cicero.

Burglary/Robbery/Battery

02-12-2014: Unknown suspects broke a window and took an Apple laptop from Complete Car Care at 13511 Pulaski.

Deceptive Practice

02-04-2014: A female reported that unauthorized transactions were made on her Bank of America credit card. She discovered a \$675 purchase was made online with the pickup being made at the Crestwood Walmart.

02-11-2014: A female reported that while on the social networking website "Instagram", she was contacted by an unknown person who asked if she wanted to make money. She met with the unknown person at a restaurant who advised her that she needed to withdraw money from her account and also advised that he would be depositing checks into her account. The victim then provided him with her bank information. The victim later learned that the deposited checks were fraudulent.

02-13-2014: A man received a call from an unknown subject who was demanding his insurance information in reference to damage to his vehicle. The victim recognized that the phone call was suspicious and did not provide any information before hanging up on the caller.

02-20-2014: A woman reported that she had applied for a loan online through "Cash Store" and has been receiving harassing phone calls about the loan application.

02-25-2014: A woman reported leaving her credit card in a machine at the Fed-Ex store and when she discovered that her card was missing, she found that it had been used at a Citgo gas station in Dolton.

Ordinance Violations

02-12-2014: A female was issued a citation for possession of cannabis in the 139th block of Kostner.

02-16-2014: A male was issued a citation for possession of cannabis in the 141st block of Kilpatrick.

02-22-2014: A male was issued a citation for selling alcohol to a minor in the 136th block of Cicero.

Damage to Property

02-09-2014: Unknown suspects damaged a windshield on a vehicle in the 5500 block of 129th Place.

02-11-2014: An unknown female driving a black Honda allowed her door to strike the victim's vehicle causing damage. The victim attempted to speak to the woman who then got into her vehicle, striking the victim's vehicle a second time and drove off.

02-24-2014: An unknown suspect damaged a vehicle in the 4900 block of 138th Court. It appeared that the vehicle was shot with a pellet gun causing damage and a broken window.

02-28-2014: An unknown suspect damaged a vehicle in the 128th block of Terrace Lane by applying some type of sticky substance to the vehicle.

Crestwood Police Officers Serve and Protect



Officers Savich and Bonilla

Thank you to the two Crestwood Police Officers who changed my tire on Saturday, February 22nd.

With bronchitis, I should not have been outside. When my tire was decimated from a pothole, I pulled to the side of the road for safekeeping and turned on my emergency blinkers. Officers Savich and Bonilla were nearby and saw my car. They came up behind me, forming a safety barricade with their vehicles, and Officer Savich proceeded to change my tire while kneeling in the snow and slush.

With lower than normal temperatures and built-up slush to work around, it took more than 20 minutes for him to make the switch. I offered to buy them dinner, or at least let me give Office Savich some money to have his pants cleaned, but they both said no. They explained this was part of their duties.

I cannot say enough for these two thoughtful police officers who exemplify what it means to "serve and protect." Thank you for reminding us all that there is so much good left in this world. - Theresa Tomasek-Fortuna, Palos Heights

Community Awareness

If the phone rings and the caller on the other end of the line states he or she represents the IRS, be very suspicious. Warnings from Federal Authorities have been given. A nationwide phone scam has stolen \$1 million from thousands of unsuspecting people. What happens is an imposter claims to be an Internal Revenue Service Representative and tells the potential victim they owe taxes and must pay using a pre-paid debit card or wire transfer. The scammers try to scare the victims by threatening those who refuse to pay with arrest, deportation or loss of a business or driver's license.

Unfortunately this type of scam is hitting hard in many areas. The IRS has received more than 20,000 reports about the scam. If you receive such calls or other suspicious requests, contact the IRS or local authorities immediately. Tax related scams are among the "dirty dozen" of fraud techniques that are happening. Trust your judgment, be alert. When in doubt don't hesitate to contact local authorities.



District 130 Eat & Earn Fundraiser Day at Beggars Pizza



District 130 social workers and counselors are sponsoring an Eat & Earn Fundraiser Day with Beggars Pizza to raise money for the District 130 Safe Summer Programs Fund. This fund provides financial assistance to District 130 at-risk students. The fundraiser is scheduled for Wednesday, **April 30th** at four area Beggars locations: Blue Island, Oak Forest, Orland Park and Merrionette Park. Beggars will donate 20 percent of the bill (before taxes, gratuity, promotions, discounts, delivery fees and coupons) to the District 130 Safe Summer Programs Fund. Diners must present the Eat & Earn voucher when ordering or paying, which is available under the News section of the District website at **www.district130.org**. Vouchers are valid for all order types including carryout, dine-in and deliveries.

Service Project at Nathan Hale Middle School Benefits Homeless Shelter



Students in Brittney Kmiecik’s class at Nathan Hale Middle School in Crestwood collected clothing, blankets, fleece material, food, and other items to donate to the Pacific Garden Mission, a homeless shelter located in Chicago, as part of a service project. Students also stayed after school to make tie blankets and delivered the donated items to the shelter on February 21th. While at the shelter, students made beds and served lunch to the overnight guests. Pictured (left to right) are Tyron Davis, Tyrese Davis, DJ Hurwitz, Anthony Jones, Eddy Elizalde, and Jaheim Jones with the donated items.

District 130 Art Show Information for 2014

The District 130 art teachers cordially invite the community to attend the 8th Annual District 130 Fine Arts Show at the Blue Island Public Library, located at 2433 York Street in Blue Island. Artwork created by District 130 students will be on display from **Monday, April 7th through Friday, May 2nd**. There will also be an Artist’s Open House on **Monday, April 7th from 5:30-6:30 pm**. Please stop in at your leisure during regular library hours and view the wonderful works of art by District 130 students!

District 130 To Host PTO Round Table

Cook County School District 130 will be hosting their final PTO Round Table for the school year on Thursday, **April 24th from 9:30 am to 11:30 am** at the Blue Island Park District’s Memorial Park Field House, 12840 Highland Avenue in Blue Island, for the purpose of coordinating various initiatives to help support District 130 students and families. The meeting is open to all District 130 parents, guardians, and community members. For additional information, please contact parent liaisons **Carol Kusman at 708-259-7389** or email **ckusman@district130.org** or Alejandra Caratachea at **708-259-7794** or email **acaratachea@district130.org**.

Cook County School District 130 serves nearly 4,100 students at thirteen school sites. The district serves portions of the communities of Alsip, Blue Island, Crestwood, and Robbins.

BREMEN TOWNSHIP

Will be distributing free produce at the Bremen Township Office in Markham at 10:30 am

Friday April 11, 2014
Friday May 9, 2014
Friday, June 13, 2014

Open while supplies last! (Produce Mobile is on the 2nd Friday of Every month, unless it is a Holiday.)

LOCATION: Bremen Township Administration Office
16361 S. Kedzie Avenue Markham, IL 60428

The Produce Mobile is a Program of the Greater Chicago Food Depository and is sponsored by: *Together We Cope*

**More Information Call
Rondal Jones At 708-333-9530**

Reminder To Residents

Reminder to residents: garbage bins cannot be set out prior to 6 pm for next day pickup and must be removed from curb by 8 pm on day of pickup. Please let our village hall know if there is a situation in where it is impossible to meet the requirements. Our goal is to keep our town tidy.



ILLINOIS STATE POLICE
CONCEAL CARRY CERTIFIED INSTRUCTORS



ICCTA

ILLINOIS CONCEAL CARRY TRAINING ACADEMY
3820 W. 128TH PLACE, ALSIP, IL 60803

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CODE# CW-101

Crestwood Police Use Social Media

The Crestwood Police Department will now be using social media as another way to disseminate information to the citizens. With social media being so popular and such an effective way to get information out in a timely manner, the police department has created a Facebook page.

The Facebook page can be found by searching “Crestwood Police Department”. Be sure to check out our page and be sure to “Like” it to get updates about events occurring in the village. **We plan to keep the page updated with information, such as;**

- Missing Persons
- B.O.L.O. (be on look out)
- Suspicious Circumstances
- Water Main Breaks
- Weather Alerts
- Power Outages
- Traffic Alerts/Road Closures
- Missing/Found Pets





5331 W. 135th Street
Crestwood, IL 60445
(708) 371-4810

Crestwood Recreation & Wellness Center
A Fitness and Aquatic Facility designed around you!

- Flexible, easy & affordable memberships.
- Month to month, 6-month and yearly memberships available.
- No initiation fees, no enrollment fees, no contracts.

You choose the membership that’s right for you!
Stop by to see what we’re all about!
Call us at 708-371-4810!

FITNESS CENTER MEMBERSHIPS			
16 years of age and older <i>Membership privileges include access to the fitness center, indoor track, sport courts and locker room.</i>			
Crestwood Residents		Non—Residents	
<u>Individual</u>		<u>Individual</u>	
Annual	\$200	Annual	\$280
6 months	\$115	6 months	\$190
Monthly	\$20	Monthly	\$33
<u>Seniors</u> (65+)		<u>Seniors</u> (65+)	
Annual	\$145	Annual	\$195
6 months	\$115	6 months	\$190
Monthly	\$20	Monthly	\$33

AQUATIC MEMBERSHIPS			
16 years of age and older <i>Membership privileges include access to the indoor pool (lap, open, family swims), whirlpool, indoor track, sport courts and locker room.</i>			
Crestwood Residents		Non—Residents	
<u>Individual</u>		<u>Individual</u>	
Annual	\$190	Annual	\$265
6 months	\$115	6 months	\$190
Monthly	\$20	Monthly	\$33
<u>Seniors</u> (65+)		<u>Seniors</u> (65+)	
Annual	\$125	Annual	\$175
6 months	\$95	6 months	\$160
Monthly	\$20	Monthly	\$33

Fitness Center Hours	
Monday—Thursday	5:30 AM—10:00 PM
Friday	5:30 AM—8:00 PM
Saturday—Sunday	7:00 AM—5:00 PM

Pool Hours	
Monday—Thursday	5:30 AM—9:00 PM
Friday	5:30 AM—7:00 PM
Saturday—Sunday	7:15 AM—4:00 PM

ALL INCLUSIVE MEMBERSHIPS			
16 years of age and older <i>Membership privileges include access to the indoor pool (lap, open, family swims, water fitness classes), whirlpool, fitness center, group exercise classes, indoor track, sport courts and locker room.</i>			
Crestwood Residents		Non—Residents	
<u>Individual</u>		<u>Individual</u>	
Annual	\$280	Annual	\$360
6 months	\$190	6 months	\$255
Monthly	\$33	Monthly	\$45
<u>Seniors</u> (65+)		<u>Seniors</u> (65+)	
Annual	\$195	Annual	\$245
6 months	\$175	6 months	\$235
Monthly	\$33	Monthly	\$45

www.CrestwoodFitness.com



ZUMBA
FITNESS

Party Yourself Into Shape!
The Latin-inspired, easy-to-follow, calorie burning, dance fitness party.
Feel the music and let loose.

Classes are held on Mondays, Wednesdays and Fridays.

For more information, call us at **708-371-4810**, log on to **www.CrestwoodFitness.com** or **www.facebook.com/CRWC1**



BOOT
CAMP

Are you looking to take your workout to the next level?
Try the No Limit Boot Camp.
Get lean and increase your energy.

Classes are held on Mondays and Wednesdays.

SPRING 2014—GET IN SHAPE CHECKLIST

- ☐ Check with my doctor before starting any exercise program
- ☐ Join the Crestwood Recreation & Wellness Center
- ☐ Work out at least 3 days a week at my own pace
- ☐ Lift weights on state of the art equipment in over 3000 sq. feet of air conditioned space
- ☐ Use over 30 pieces of cardio equipment that includes treadmills, bikes, ellipticals and steppers to increase my heart rate
- ☐ Jog, walk and run on the 3 lane, 1/10 of a mile indoor track to keep my workouts fresh
- ☐ Meet new people while shooting baskets and playing volleyball on one of the three large air-conditioned sport courts
- ☐ Make a splash in the 5 lane, 25 yard indoor pool
- ☐ Relax in the whirlpool and feel refreshed and energized after my workout at the Crestwood Recreation & Wellness Center



New Year, New You!

Get your body bikini-ready with an hour of
Low Impact, No Contact
CARDIO KICKBOXING!

Saturday mornings @ 9:30



Certified Kickboxing Instructor, Diana Esparza

Crestwood Recreation & Wellness Center
5331 West 135th Street, Crestwood
708-371-4810

www.crestwoodfitness.com



Note: Must have an all-inclusive membership or an EPC punch card to participate in classes.

Pump It Up!

New Year, New You!

Tone your body with a full-body workout.
THE CURVES YOU CRAVE!



Monday, Wednesday & Friday – 10:00 am – 11:15 am

Tuesday & Thursday – 6:30 pm – 7:45 pm

Certified Instructor, Diana Esparza

Crestwood Recreation & Wellness Center
5331 West 135th Street, Crestwood
708-371-4810

www.crestwoodfitness.com



Note: Must have an all-inclusive membership or an EPC punch card to participate in classes.

Get Fit & Get Lean in 2014



Six-week Bikini Barre Challenge!

Bikini Barre borrows fitness exercises from pilates, yoga, calisthenics and ballet barre conditioning. This technique tightens and tones muscles to create a strong and lean body.

Class size is limited so don't delay. Pre-Registration is required.
Summer will be here before you know it!

April 1—May 13	Tuesdays	5:30—6:15 PM	Cost: \$60.00
April 5—May 17	Saturdays	8:30—9:15 AM	Cost: \$60.00

No Classes: Tuesday, April 15 or Saturday, April 19
(wear comfortable clothes and socks)

Instructor: Lynn Kata – ACE certified group fitness instructor



www.CrestwoodFitness.com

Crestwood Recreation &
Wellness Center
5331 W. 135th Street
Crestwood, IL 60445
708-371-4810

Baldricks - Still Accepting Donations

Make a Difference!
DONATE

If you would like to donate please follow the link below, you can also send cash or check (address to St. Baldrick's Foundation) to 5633 Albert Dr. Oak Forest, IL 60452.

**[www.stbaldricks.org/
participants/872713682](http://www.stbaldricks.org/participants/872713682)**

If anyone has any questions, comments, or concerns please feel free to contact me by e-mail (daniscaccia@hotmail.com).



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TURNING TO**



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APRIL 6, 2014
11AM - 1PM
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And Learn How You Can
Become Part Of Our Family!
WWW.STCHRISSCHOOL.ORG

Shepard Culinary Students Win Title at Kendall College



Shepard High School seniors Rachel Habina and Catie Petrak won first place in the “Ready, Set, Cook” competition sponsored by Kendall College in Chicago.

Shepard High School seniors Rachel Habina and Catie Petrak won first place in the “Ready, Set, Cook” competition sponsored by Kendall College in Chicago. Based on the popular television show “Chopped,” the competition involved preparing a mystery basket of ingredients.

Habina and Petrak were given an hour to plan and cook their meals. Their mystery basket included eggs, chorizo or Italian sausage, and a baguette. “The girls decided to make a deconstructed Mexican skillet,” said teacher Erin Quinlan.. “They sautéed chorizo, dipped the baguette in the oil from the chorizo, and melted white cheddar cheese.”

Then, they topped the cheesy baguette with an egg sunny-side-up.

“They also made two sides - a potato hash with bacon, jalapeño, garlic, salt and pepper along with a fresh chopped salsa with tomato, onion, lemon juice, cilantro, salt, pepper and red bell pepper,” Quinlan said.



"Oh, the Places they will Go." Local Students Achievements

Nick Cristiano of Crestwood, a freshman at Purdue University, has been awarded the position of Assistant Executive Vice-President of the Evans Scholars House and he also sits on the Social Committee. In these positions, he is responsible for planning events for Greek life and also planning the Evans Scholars Family Day and Alumni Day. He also keeps busy as he has secured a job at Alpha Chi Omega (ACO) Fraternity. His latest endeavor is helping to run the Purdue Evans Scholars Golf Philanthropy to support Sunshine Through Golf, a charity benefiting persons with special needs. He hopes to achieve a degree in Business Management with an emphasis in Finance.

College Freshman student, Sarah Walker is studying nursing at St. Xavier University and working at both our Rec Center and Providence Nursing Home.

U of I freshman, Hannah Jarman is currently involved with the campus YMCA which has been given the title of Global Center of Excellence. Through this, Hannah has become involved with Invisible Conflicts, an organization devoted to exposing social justice issues throughout the world that are not given proper coverage by the media.

Mathletes Take Regional Honors, Advance to State



Pictured are the Mathletes from Shepard High School who comprise the Algebra 1 Team that won the Illinois Council of Teachers of Mathematics Regional Championship. The team advanced to the ICTM State Finals at the University of Illinois at Urbana-Champaign in May.

Zuicker, Hussein Al-Rashdan, Corey Galvin, Rawan Zayed, Kyler Ayres, and Janek Wasag placed third in the region. All of these individuals and teams advanced to the ICTM State Finals at the University of Illinois at Urbana-Champaign in May.



Pictured are the Mathletes from Shepard High School who comprise the Pre-Calculus Team that placed third at the Illinois Council of Teachers of Mathematics Regional Championship. The team advanced to the ICTM State Finals at the University of Illinois at Urbana-Champaign in May. Math teacher and Mathletes coach Jim Jett appears on the right in his Shepard sweatshirt.

The Mathletes, a competitive academic team in mathematics from Shepard High School, won numerous honors at the Illinois Council of Teachers of Mathematics Regional Competition.

The Algebra 1 Team comprised of John Clohessy, Kelli Callahan, Kevin Callahan, Tim Komperda, Brian Nelson, and Danny Becker, won the Regional Championship. In addition, John Clohessy, Tim Komperda, and Brian Nelson each won first place in the Algebra category. They tied for the highest score.

The Frosh/Soph Eight-Member Team placed second and the Pre-Calculus Team of Nick



Pictured are the Mathletes from Shepard High School who comprise the Frosh/Soph Eight-Member Team that placed second at the Illinois Council of Teachers of Mathematics Regional Championship. The team advanced to the ICTM State Finals at the University of Illinois at Urbana-Champaign in May.

Spring Break

By: Brooke Zielke- Nathan Hale Middle School Student

Spring Break is the one thing that a student looks forward to after getting back from Winter Break. Winter Break was a lot of fun; full of presents and great food. That, however, is all put to the side in spring when we look at the ground and actually see the grass. Staying at home for too long can get especially boring in the winter. This winter has been particularly long because of the polar vortex.

Now we realize that it would be nice to get out of the house and play in the great outdoors. Nathan Hale Middle School students will be off from March 24th to March 31st . Spring break usually

consists of a fun, well-deserved week off, and it also serves as the beginning of the “count down to the end of school”. Spring break marks the nine weeks until we are out of school and have a whole summer of fun.

While the sixth and seventh, and some of the eighth graders, will be playing outside, a handful of eighth grade students will be spending their week off from school on the annual Washington D.C. trip. This trip consists of many hours on a bus and lots of visits to national landmarks with friends. It should be a great week off for Nathan Hale students.



Future for Tom and Amy Rice

A fund has been set up for a former Crestwood family that tragically lost both parents from cancer within one year. This is such a sad situation for these kids. Unfortunately, cancer has many effects beyond the illness. Not only is it a devastating illness, but the financial burden is overwhelming. Theresa Rice’s battle with cancer lasted over nine years. Her husband, Steve, died within a year of her passing.

Our concern is for the children they have left behind with limited resources. We want them to have a bright future. Seventh grader, Amy, aged 12, is being cared for by an aunt, but Thomas, age 19, is now independent. He suspended his coursework to become a firefighter when it became necessary to care for his father

So far, we raised over \$3,000.00! Thank you for taking the time to read this. Feel free to share so we can reach as many people as possible. We appreciate your kindness and generosity. Our goal is to offset some future expenses these kids will face without their parents support. To help support go to www.gofundme.com/7bdlls

Astros Exceed \$20K for Second Straight Year for St. Baldrick’s

“Hi, my name is Jasmine Taylor. I am a sophomore here at Shepard. I know most of you don’t know me or that I’ve been fighting leukemia, a childhood cancer.”

Before she could finish the first paragraph, Dean of Students Jacki Frederking choked on the words that Jasmine wrote. Over the course of the next six minutes, Frederking’s voice broke many times as she shared the story of the Shepard High School sophomore’s struggle.

Diagnosed shortly before the start of school, Jasmine clearly recalled sitting with her mom, Sonya, and hearing the news. “My heart was racing. The first thought that entered my mind was ‘death.’ I was so scared,” Frederking read.

Jasmine’s story would serve as the centerpiece of the St. Baldrick’s assembly at Shepard where students and staff set a new record with more than \$21,000 in donations for pediatric cancer research.

With the support of her mom, family, and friends, Jasmine has remained in school and focused on her future.

“You’ve all made me stronger and kept me going. I know how good it feels to have someone who understands. If you’re ever going through anything, or have questions for me, or just need

a friend, I’ll always be there for you,” Frederking read.

After Dan Frederking finished reading, Jasmine had some fun: she shaved the head of Shepard security officer Shirley Jones. Jasmine and Jones have grown close in recent months. Last year, Jones had her head shaved to support her son, Jimmy, who fights Hodgkins lymphoma.

“I was walking to the back of the school with Jasmine. I knew who she was. I asked her, ‘Do you know who I am?’ She did. With tears in her eyes she said, ‘Can I ask you some questions and will you tell me the truth?’ ” said Jones, who promised to speak honestly

Jasmine and Jones have developed a close bond. Learning that Jones’ son has done well in the past year has helped Jasmine. “She said, ‘Well now that gives me hope!’ Every day we talk and sometimes we cry,” Jones said.

For two decades Dean Jacki Frederking has volunteered for fundraisers for the American Cancer Society and St. Baldrick's. She’s certain that when young people like Jasmine step forward to share their fight, others find inspiration to get involved.

“I believe that when someone brave like Jasmine steps forward to share their story, cancer becomes real,” said Frederking. “Though cancer does not discriminate, it can be hard for some people to relate to St. Baldrick's or the American Cancer Society Relay for Life until they meet someone who is their peer like Jasmine.”



Shepard High School sophomore Jasmine Taylor, who's currently battling leukemia, shaves the head of security officer Shirley Jones to raise money for the St. Baldrick's Foundation. Shepard raised more than \$21,000 this year, a new school record.



Three generations of the Jurka men, posing with their newly shaven heads in support to New Lenox PD St. Baldrick's annual fundraiser. St. Baldricks with Trustee Dan Jurka Sr., son Michael and grandson Mikey

Skin Care On A Budget

These days, every penny counts and finding ways to even fit essentials into our household budget can be a real challenge. Luckily, the Internet can help us find creative ways to save through expert advice posted at various websites. The following tips for example, come our way courtesy of the American Academy of Dermatologists who posted creative ways to care for our skin without breaking the bank on expensive cosmetics.

According to their post, maintaining healthy and great looking skin is a snap if you follow a few basic tips:

- **Cleanse, treat, and prevent.** Don't let a 12-hour period go by without using some sort of treatment or product on your skin (sunscreen counts).
- **Use sunscreen 365 days a year.** This helps prevent sun damage that could lead to wrinkles, age spots, or even skin cancer.
- **Get the most from your body moisturizer.** In the winter, apply it to damp skin as soon as you get out of the shower to lock in the moisture.

- **Consider using petroleum jelly.** This common, inexpensive product has several uses for skin care including:
 - Moisturizing rough, cracked feet, elbows, and hands; dry cuticles and lips; peeling nails
 - Preventing chafing when running or biking
 - Protecting kids' scrapes and bumps
 - Applying as a diaper ointment
- **Use one or two skin care product lines at a time.** Limiting product lines saves money and storage space.
- **Remember, a more expensive skin care product is not necessarily more effective.** Some brands contain fragrances that may lead to skin problems.
- **Consider dual-function products.** Examples include a moisturizer plus sunscreen and a lip balm with sunscreen.
- **Get the most for your hard-earned money.** When choosing anti-aging products, look for ingredients such as vitamin A and alpha hydroxy acid.

Thanks to the great dermatologist who provided those tips, we can all look and feel our best without breaking our budgets.

GET UP & GET OUT!!!



SAVE THE DATE
EASTER EGG HUNT

When: April 13, 2014
Where: CAESAR’S PARK
(Kenton & 142nd)
Time: Starts 1:30 pm
Gates Open 1:00 pm

Designated area for certain age groups. There will be Games and Prizes to be won. **Top off with a visit from the Easter Bunny!!!!**



The Village of
Crestwood Cares!

The bus to Beverly rides again! Come celebrate with your family and neighbors in a feel good day commemorating the battle against breast cancer and supporting early detection. The bus leaves from Crestwood Village Hall at no charge on a first come, first serve basis. Please call the Village to reserve your spot. We encourage all participants to have registered with Little Company of Mary Hospital prior to the event. Please check out LCMH website at www.beverlybreastcancerwalk.org for the registration dates. You will receive your t-shirt through the hospital. It is a great way to celebrate the day, and you will be back home before your family has the brunch served! Bus departs Village Hall at 7:15 am sharp!

Sunday, May 11, 2014 at 8:00 am

Ridge Park 9625 S. Longwood Dr. Chicago IL 60643
Pre-Registration Walk Fee (includes t-shirt):

Adults: \$30 | Children (18 and younger): \$15

Day of Walk Fee (includes t-shirt while supplies last):

Adults: \$40 | Children (18 and younger): \$20

From supporting and allowing for expansion of free integrative therapy programs for cancer patients at LCMH to the purchase of Little Company of Mary’s two digital mammography systems, walkers have touched countless lives. In 2013, over 12,000 participants walked on Mother’s Day raising more than \$540,000 for the nationally accredited Comprehensive Breast Health Center. We march forward in hopes of serving future generations with continued support from the community!

www.beverlybreastcancerwalk.org



Come support our cause, learn about autism, and be embraced by one of the most loving and supportive communities out there at the 2014 Walk Now for Autism Speaks Chicago event on Saturday, May 17th! All are invited...staff, students, families, friends, and anyone touched by autism.

For more information, contact Dawn Callahan, ACE Program Vocational coordinator **708-293-3621 or dcallahan@elimcs.org**.

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VENDOR SHOW

Sponsored by: Band Boosters



SATURDAY, APRIL 5, 2014
9:00 AM – 3:00 PM
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Admission: **\$2.00** per person
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*Based on Illinois gaming data in 2014 at this location.

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INCARNATION PARENTS CLUB FISH FRY

Join us for the Best Fish Fry in town!!

APRIL 11th

ALL YOU CAN EAT!! Adults \$ 11.00
 Children \$ 5.00

Meal includes: Fish, Chips, Cole Slaw, Macaroni & Cheese, Lemonade, and Coffee (supplied by Country House) Pop, Water, and Baked Goods available for purchase Two dine-in seating times to pick from 4:30 & 6:00 (pre-orders encouraged) OR Carry out available!!! (MUST be pre-ordered by April 9th)

Raffle Prizes and Split the Pot!!!

Extra Door Prize Raffle Ticket with All Pre-Orders!!

Family Name _____ Time _____
Adult _____ Carry Out Time _____
Child _____

Pre-order due April 9, either through school via Jen Harkenrider (c/o Matthew 2nd gr), at Parents Club table after all masses, or Drop in Market Day Box



Deborah & Geraldine enjoy shopping and volunteering at the Super Sale

Sertoma Centre Holds Fundraising SUPER SALE!

Shop, Save and Support
Individuals with Disabilities!

ATTENTION SHOPPERS or anyone who likes to save money on brand new houseware items! Sertoma Centre announces their Housewares Super Sale will be held **April 5th & 6th** to benefit individuals with disabilities. These items make perfect shower, wedding, anniversary, or housewarming gifts. Many items are not yet available at retail stores.

The Super Sale will be held for two days only - Saturday, **April 5th and Sunday, April 6th** - at the former Ben Franklin Store at 12306 S. Harlem in Palos Heights, IL from 10 am – 5 pm. Shoppers can save 50 to 70 percent on brand new arrivals from the 2014 International Housewares Show. Only cash and credit cards will be accepted. All sales are final. Don't miss this event - with prices so low, inventory will not last long.

We need volunteers! If you are interested in volunteering for set-up and during the Super Sale, please contact Laura Gardner at lgardner@sertomacentre.org or call 708-730-6211. This is also the perfect opportunity for high school and junior high community service or volunteer hours.

Proceeds from the Housewares Super Sale support programs and services for more than 725 individuals with disabilities provided by Sertoma Centre, Inc. For more information regarding this event, visit **www.sertomacentre.org** or call **708-730-6210**.



This is an example of the deals found at the Super Sale: Focus Electrics West Bend Indoor Grill - Retail \$70. Super Sale Price is \$15



Fish the entire shoreline at Lake Katherine!

SPRING FISHING CLASSIC

in honor of Lester "Bubbs" Farrelly

Saturday, April 12, 2014

7:00 am—12:00 pm

\$100 per person.

Lunch is included.

- Cash prizes for the largest walleye, muskie, largemouth bass, channel catfish, and bluegill.
- Limited to 125 anglers.

For more information or to register, please call 708-361-1873.

Your registration fee helps fund restoration and education programs at Lake Katherine.

7402 W. Lake Katherine Drive | Palos Heights, IL 60463 | www.lakekatherine.org

Lake Katherine is owned and supported by the City of Palos Heights and managed by Lake Katherine Nature Center & Botanic Gardens, a 501(c)(3) charitable organization.



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Pictured here is the Elks Lodge Exalted Ruler, Dan Garry (Left) presenting Henry and his wife, ----- with their winnings. Congratulation Henry!

Elk's Club

Thirteen turned out to be a very lucky number for Henry Venegas and his wife. Henry became the big winner of the All American Progressive Raffle Game at the South Chicago Elk's Lodge in Crestwood on Bingo Night, Thursday, March 13th . Henry's winnings were a whopping \$11,909.00.

THE ELKS

BINGO THURSDAY NIGHTS

Early Bird at 6:30 p.m.
Regular Bingo at 7:00 p.m.
Doors Open at 4:00 p.m.

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goes up \$100/week till it's hit!
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North Shore Animal League America's Tour For Life® 2014 arrives in Chicago, Illinois to partner with Animal Welfare League on the World's Largest Mobile Pet Adoption Event



Event Scheduled For Friday, April 25, 2014
Beginning at 11 AM – 5 PM at Tinley Park Petsmart

Chicago, IL – March 18, 2014 – North Shore Animal League America's 2014 Tour For Life – the world's largest national cooperative life-saving mobile pet adoption event – will arrive in Chicago, IL to partner with Animal Welfare League for a special life-saving event at Petsmart, **7340 W. 191st Street, Tinley Park, IL 60487, on Friday, April 25, 2014 beginning at 11 AM – 5 PM.**

In partnership with PURINA ONE®, Tour For Life is aimed at reinforcing the importance and advantages of shelter pet adoptions and familiarizing communities with their local shelter.

In addition to having adoptable shelter dogs, cats, puppies and kittens -- also known as Mutt-i-grees® -- the event will also offer information on the benefits of adopting shelter pets, behavioral education, and special services available to pet owners at Animal Welfare League. Microchipping for pets will be available at the event for \$10!

From the beginning of March to mid-May, Tour For Life will travel the length of the United States from North to South and East to West in four "shelters on wheels" helping shelter and rescue groups, in 52 cities and 26 states, bring awareness to their organizations and find homes for the adorable adoptable animals in their care.

The tour was conceived by Animal League America – the world's largest no-kill animal rescue and adoption organization – fourteen years ago and is responsible for placing tens of thousands of pets into loving and permanent homes. Last year, Tour For Life 2013 saved the lives of over 2,000 animals across the country.

Tour For Life's presenting sponsor is Purina ONE® pet food brand. For more information on Tour For Life 2014, visit www.AnimalLeague.org/TourForLife2014.

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- #6) CLIFF IS THE CRESTWOOD LEADER IN REAL ESTATE
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OF THE MONTH**



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**Wounded while in the Military.
Request a Silver Star Banner**

Cook County Commissioner Joan Patricia Murphy initiated the “Silver Star Service Banner Day,” to honor the wounded and ill members of the United States Armed Forces from all wars and conflict zones. The Silver Star Families of America was formed to encourage states, municipalities and counties to present banners to wounded or ill service men and women so that their sacrifice may never be forgotten.

This is the sixth consecutive year presenting our heroic veterans their day of honor. Murphy also states, “Today’s ceremony gives us a chance to thank these heroes for their selfless service, sacrifice and commitment. All veteran are extraordinary human beings and true patriots.”

Qualifications to receive a free Silver Star Banner are: any Armed Forces personnel either currently serving honorably or those that have served in ANY WAR or combat/conflict zone, who has been wounded by enemy action or who has been injured or has contracted a serious illness and could be rated at least 10% disabled by the Dept. of Veterans Affairs. All wounds, injuries or illness must have originated in a war zone.

To receive a Silver Star Banner request form call the Office of Cook County Commissioner Joan Patricia Murphy at 708.389.2125. Forms are available at Commissioner Murphy’s 6th District Office in Crestwood at 5405 W. 127th Street. Banner request forms must be received by April 25, 2014

Silver Star Banner Recipients may wish to receive their banner at the Silver Star Honorary Ceremony and Presentation on Wednesday, May 21st at the Cook County Board Room at 118 N. Clark Street, Street in Chicago should call Bill Brown at 312.603.6406 to confirm your attendance. However, those that do not attend the ceremony may still request a Silver Star Banner and it will be sent by mail.

REQUEST A service BANNER *please read qualifications first*

To request a Silver Star Service Banner for a wounded or ill service member or veteran:
Completely fill out the form. Please print or type. Service Banners are 8.5” x 14”

*Qualifications for the Silver Star Service Banner Program

*The Silver Star Families of America define wounded as: Any Armed Forces personnel either currently serving honorably, or those who have served honorably from ANY war, who having served in a war zone have been wounded by enemy action or who have been injured or contracted a serious illness and could be rated at least 10% disabled by the Department of Veterans Affairs. All wounds, injuries or illness must have originated in a war zone. Purple Heart recipients, victims of friendly fire, injured in a war zone, those who suffer from PTS, TBI, Agent Orange effects and Gulf War syndrome. Definition of a war zone is determined by the Department of Defense. ONE (1) FREE service banner per family; additional service banners may be sponsored for \$18.00 each.

Name: _____

Address: _____

City: _____ State____ Zip_____ Phone_____

Rank _____ Branch_____ Date of Combat Injury/Illness_____

Location of injury(s) and/or illness (country of war/conflict zone) when injured

Nature of injury/illness from combat/conflict zone _____

Name of Service Organization you belong to: _____

May we add recipient’s name to our Banner Alumni page? Yes_____ (OR) No_____ Would you like to be an email newsletter member? Email address (if yes)

In the event photos are taken of the Banner presentation, please consider sending SSFOA a copy to use on the website and or newsletter. Please read and sign. “I hereby authorize the photographer and *The Silver Star Families of America* (SSFOA) to use the images without regard for reimbursement or acknowledgement. Photographs will become the property of *The Silver Star Families of America* to use at their discretion. SSFOA intends to use these images in print, electronic and other means.”

SSFOA is a 501 c 3 nonprofit Service Banner Organization Combined Federal Campaign Charity Listing (CFC) # 90733
EIN 20-3940415 VAVS Nationwide Donor Organization # SSFA412. Please **Donate Today** and help us assist them~Dignity-Duty-Honor~Thank You. Visit the website at www.silverstarfamilies.org.

Email request and short bio to:
Julia.Paxton@cookcountyiil.gov

Mail request and pictures
(originals only no copies) to:
Cook County Veteran Affairs
118 N. Clark Street, Room 801

Signature: _____

Please contact Bill Browne at Bill.browne@cookcountyiil.gov or (312) 603-6423, or Julia Paxton-Coleman at Julia.Paxton@cookcountyiil.gov or (312) 603-6406 with questions or to confirm your attendance.



Flower of the Month

The most common daisies are white but they can also be found in red, yellow, and purple, along with various shades in between. The gerbera daisy (also known as the African daisy, transvaal daisy, gerb, and Barberton daisy) is a perennial favorite. The gerbera daisy has large colorful blooms. It has become the most prized daisy variety due to its bold and striking appearance. Among the daisy varieties, African daisy and Shasta daisy are the most popular varieties. Gerbera daisy is also the fifth most used cut flower in the world after rose, carnation, chrysanthemum, and tulip.

Its leaves and petals are edible and it can also be brewed as a tea to soothe sore throats and stomach aches.

This April birth flower symbolizes, modesty, innocence, stability, sympathy and cheerfulness. An alternate birth flower for April is the sweet pea. Summer (when thundershowers occur very often) is the peak blooming season for the daisy flower, therefore the daisy flower is also known as ‘thunderflower’ in some regions. The famous “she loves me, she loves me not” method where people pluck out the petals to tell love’s fortune was first used with the daisy.

Midlothian Garden Walk

The 3rd annual Village of Midlothian Garden Walk, sponsored by the Village Beautification Committee, will be held Saturday, June 21st. Registration forms are available at the Village Hall, 14801 Pulaski or online at **www.villageofmidlothian.net**. For more information, contact **Carl Ivan at 708-872-0415** or e-mail at **vmbc.garden.walk@gmail.com** or **Barbara Killelea at 708-371-8446** or e-mail at **jonquil44@yahoo.com**. Last year's Garden Walk was a huge success with 10 beautiful homes participating. Sign up as soon as possible to participate.

The Pointe

AT KILPATRICK

SUPPORTIVE LIVING for 65+

EXTRAORDINARY RESIDENTIAL APARTMENT LIVING

Brains & Bones

Presented by: Dr. Humaira Khan, MD
Tuesday April 15, 2014 at 1:30PM
Location: The Pointe at Kilpatrick

Learn:

- How Calcium Works
- What is Osteoporosis, how to prevent it & how to treat
- Different types of Dementia
- When is memory loss a concern?
- How can you minimize receiving a dementia diagnosis



RSVP at:

ThePointeSLF.com/cadrkhan414

14230 S Kilpatrick Ave, Crestwood, IL 60445
(708) 293-0010



Senior Health & Wellness Presentation by Homewatch CareGivers

Thursday, April 17th at 12:15 pm
Bremen Township Senior Café
15350 Oak Park Ave., Oak Forest

A free booklet will be distributed with tips and advice for seniors. Lunch is available at noon for seniors age 60 or greater with a \$4 requested donation. Reservations are required. Please call 687-8220. There is no charge for the program.

Understanding Medicare



On Thursday, **April 10th** at **10 am** - Diane Adduci, a community relations specialist from Blue Cross and Blue Shield of Illinois, will present an educational presentation on Understanding Medicare Parts A and B and Medicare Supplemental Plans at the Biela Center, 4545 Midlothian Turnpike in Crestwood. The program will cover eligibility, enrollment and the benefits of Medicare

Supplemental Plans available in Illinois. Attendees will benefit from this program if they will soon be eligible for Medicare, are already on Medicare but losing their group retiree benefits, are a caregiver of a Medicare beneficiary or would simply like to learn more about the hospital and medical insurance benefits of Medicare and Medicare Supplemental Plans. Please call the Biela Center at **(708) 371-4860** to RSVP for this event by **Wednesday, April 9**.

- REMINDER -

Don't be disappointed when trips are cancelled. Please sign-up as soon as possible. We have deadlines for booking the trips.
- The Biela Center

Village & Biela Center Happenings

Unless otherwise indicated, all listed events are at the Biela Center, 4545 Midlothian Turnpike.

For more Information
708-371-4860

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	2	11:15 a.m. Fitness 12:30 p.m. Crestwood Seniors 1:00 p.m. Movie	3	12:00 p.m. Cards 1:00 p.m. Movie	4	11:15 a.m. Fitness 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie
		7	11:15 a.m. Fitness 1:00 p.m. Movie	8	12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	9	11:15 a.m. Fitness 1:00 p.m. Movie	10	<i>Understanding Medicare - 10am</i> 12:00 p.m. Cards 1:00 p.m. Movie
		14	11:15 a.m. Fitness 12:30 p.m. Biela Seniors 1:00 p.m. Movie	15	<i>Easter Lunch - 11am</i> 1:00 p.m. Bingo 1:00 p.m. Movie	16	12:30 p.m. Crestwood Seniors 1:00 p.m. Movie	17	12:00 p.m. Cards 1:00 p.m. Movie
		21	11:15 a.m. Fitness 1:00 p.m. Movie	22	12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	23	11:15 a.m. Fitness 1:00 p.m. Movie	24	<i>Majestic Star - 9am</i> 12:00 p.m. Cards 1:00 p.m. Movie
		28	11:15 a.m. Fitness 12:30 p.m. Biela Seniors 1:00 p.m. Movie	29	12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie	30	11:15 a.m. Fitness 1:00 p.m. Movie	25	11:15 a.m. Fitness 12:00 p.m. Lunch 1:00 p.m. Bingo 1:00 p.m. Movie
									<i>Good Friday - Closed -</i>



Lunch and bingo or a movie for over 50

Tuesday, April 1	Beef Sandwich
Friday, April 4	Fish Sandwich
Tuesday, April 8	Meat Ball Sandwich
Friday, April 11	Dessert & Bingo
Tuesday, April 15	Easter Lunch (\$8.00)
Friday, April 18	No Lunch, No Bingo
	Closed - Good Friday
Tuesday, April 22	Chicken Kiev
Friday, April 25	Hot Dogs
Friday, April 29	Chicken Tetrazzini

Enjoy a delicious lunch (\$3.00) at the Biela Center at noon. Bingo and a movie start at 1 p.m.. Please help us by making reservations. Reservations for Tuesday lunch must be made by 4 p.m. Friday and reservations for Friday lunch must be made by 5 p.m. Wednesday.

Movies of the month to be shown at the Biela Center

Thank you to the Crestwood Library for donating these movies for our seniors to watch.

March - April 4	“The Family Man”
April 7-11	“The Bulter”
April 14-17	“Country Strong”
April 21-25	“Darling Companion”
April 28 - May 2	“Underdog”

Movies are shown Monday through Friday at 1 p.m.

Never A Dull Moment at the Biela Center

By now you know the Biela Center is located at 4545 Midlothian Turnpike, but do you know what goes on a daily basis? Senior citizens, you never have to be bored again.

Take a look at the many activities that wait for you here:

*Choose a senior fitness group that works best for you-one, two, or three times a week.

*Keep your driving privileges, and your freedom, by attending one of our frequent Rules of the Road classes held throughout the year.

*Every week we offer free movies for your enjoyment in a relaxed atmosphere.

*Lunch and bingo are offered Tuesdays and Fridays all year at the Biela Center.

*Free blood pressure and hearing screenings are offered every month.

*Join us for some of our group trips to casinos, plays, theaters, and other interesting venues.

Chicago South Elks Lodge 1596

The Elks, in cooperation with the Biela Center, continue to collect pop-tabs for Ronald McDonald House as well as eyeglasses, greeting cards, used cell phones and chargers for other charities.

For more information, contact the Elks at 708-597-7465 or the Biela Center at 708-371-4860.

Sorry....No refunds can be made

We've often experienced last-minute cancellations for our various day trips. We have to make it clear that when reservations are confirmed, refunds will not be issued.

Therefore, no refunds can be given for any trip unless we have a waiting list or if you can find a replacement for your reserved space. When you register for a trip, you have two weeks to decide before payment.

Please arrive 15 minutes before scheduled departure time for a trip. We do publish the scheduled departure time for our trips. Your cooperation will be appreciated. Many passengers are very sensitive to strong perfumes and aftershaves. We ask that you think of others if you use them.

Senior Fitness Offered at the Biela Center

The Biela Center offers a great fitness class one, two, or three times a week, and you can work at your own pace. Feel better and sleep better.

Diana Esparza, our instructor, will guide you through your special needs. Classes are held Monday, Wednesday, and Friday at 11:15 a.m.

The cost is \$30 for 24 classes, \$20 for 16 classes, \$10 for eight classes or a \$2 daily fee.

When making casino reservations, please have your card number or address and date of birth. Remember, you must have a valid picture ID at the casino....Winning more than \$1,199 requires showing your social security card.....!

Majestic Star Casino

Join us on a gambling trip to the Majestic Star Casino in Gary, Indiana. The trip includes transportation, buffet and \$10 Per person.

When: Thursday, April 24th
Depart: 9 a.m. – return 3 p.m.
Cost: \$27



Blue Chip Casino - June 25th

Enjoy a beautiful summer day at the Blue Chip Casino in Michigan City, Indiana. The trip includes four hours of gambling, a buffet lunch and \$10 of E-play after 1,000 points.

When: Wednesday, June 25th
Depart: 9 am ; return 4pm
Cost: \$28

Trips for "2014"

Patty Waszak Show
Dynamic SINGER!!! HILARIOUS COMEDIENNE!!!
AWARD WINNING SONGWRITER!!!
PATTY PLAYS THE "SWEETEST SAX THIS SIDE OF HEAVEN!"

Join us for lunch and show at the White Fence Farm. Menu choice of the "World's Greatest Chicken" or scrumptious Fried Shrimp.

When: Thursday, May 15th
Time: Depart 10:00am; return 4:00pm
Cost: \$62.00

"Miracle on South Division Street"
A warm, funny comedy about a New York family that have kept a shrine since the day the Blessed Mother appeared to Grandpa in his barber shop. Expect the unexpected as long buried family secrets are revealed.

When: Wednesday, May 28
Where: The Theatre at the Center in Munster
Time: Depart 11:00 am
Cost: \$72 (includes lunch-choice of Roasted Chicken or Baked Ham)

Upcoming Trips

August	7 - "The Beverly Hillbillies"
	21 - Eat Your Way Through Chicago
Sept.	10 - Shipshewanna
	25 - Fair Oaks Dairy

Dates and times and costs will be posted in the Crestwood Adviser

"Lock 16" with Larry and Moe

There's no better way to spend the day than hanging out with Larry, Moe and the Illinois & Michigan Canal pulled by either Larry or Moe. Attend Mule Tending Class and listen to Muletender Jack talk about how the mules are cared for. Stop by the Apple Tree Acres Alpaca farm to visit with lots of Larry amd Moe's favorite alpaca friends. Enjoy a hearty buffet lunch at the Lock 16 Cafe.

When: Thursday, July 17
Cost: \$62 includes transportatiaan, Lock 16 tour and lunch
Time: Depart 9:00am Return 4:00pm (handicap accessible)

Attention Seniors!!!

The Crestwood Seniors Club is looking for members. They meet on the First and Third Wednesday of the month at 12:30 p.m.

The club does an array of activities at their meetings. Coffee and sweet rolls are available to be enjoyed as the members visit with each other; planned activities are enjoyed on holidays. For the holidays, the club becomes community involved. The members make favors and bring in presents for nursing home residents...

Consider joining a fun Group. Please call the membership chairperson, Sophie Horvath at 385–7760.

Also, the Biela Seniors Club is looking for members. They meet at the Biela Center on the second and fourth Monday at 12:30 pm. Call the Biela Center for more information.

Rules of the Road Here on June 9th

Secretary of State, Jesse White, in cooperation with local organizations, will offer a Rules of the Road review course at the Biela Center free of charge.

The two-hour session helps prepare drivers for the Illinois driver's license exam. Topics include written, vision, and road tests.

When: Monday, June 9th, 2014
Time: 1:30 p.m.–3:30 p.m.

Save your spot by calling the Biela Center at 708-371-4860.

Eat Your Way Through Chicago

Spend the day exploring Little Italy, Greek Town, China Town, and Old Town. Shop in China Town, Have saganaki in Greek Town, taste authentic Polish-European pastries in Old Town and visit Old Town Oil and the Fudge Pot.

Sign up soon-this trip will fill up fast!!!!!!!!!

When: Thursday, August 21st
Time: Depart 10:00am; return 5:00pm
Cost: \$60.00



Senior Easter Luncheon

Join us our annual Easter Luncheon

When: Tuesday, April 15th
Time: Appetizers at 11:00am; lunch at noon; Bingo or a movie at 1 p.m. (Lunch and Bingo for those who attend the party.)

Cost: \$8.00

Make reservations by April 8th

Lake Geneva

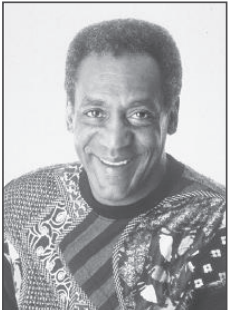
Spend a charming day in Lake Geneva. Enjoy a delicious lunch at The Baker House along with a tour of the mansion. Cruise on beautiful Lake Geneva. Shop downtown or enjoy an ice cream cone dockside. Stop at the Mars Cheese Castle on the way home.

When: Monday, June 16th
Time: Depart 8:30am; Return 7:00pm
Cost: \$82.00

The Beverly Hillbillies

All of your favorites from the beloved 60's TV comedy are back-and this time they're singin'!! When oil is discovered on Jed's land he becomes an overnight millionaire and the whole clan moves to Beverly Hills. See this hilarious musical at the Theatre at the Center in Munster, Indiana.

When: Thursday, August 7th
Time: Depart 11:00am
Cost: \$72 (includes transportation, show + lunch - choice of Roast Pork or Chicken Epicurean)



"Is the glass half full, or half empty?It depends on whether you're pouring, or drinking."

— Bill Cosby

BLOOD PRESSURE SCREENING AT THE BIELA CENTER OFFERED ON APRIL 30th

Free blood pressure screening will be offered at the Biela Center on Wednesday, APRIL 30th, from 9:30 to 11 a.m. Barbara, our Biela Center Blood Pressure Nurse will be available.

HEARING SCREENING AT THE BIELA CENTER ON April 30th

Bruce from the Audible Center for Hearing Excellence will be here on Wednesday, APRIL 30th from 9:30 to 11 a.m. to conduct hearing screenings and to clean and service hearing aids. This service is free for seniors only.

Crestwood Public Library

April Adult Programming at Crestwood Public Library

Shade Gardens

A garden shaded by trees or buildings is often a challenge for the gardener who is faced with low light levels, tree roots and dry soil. This program provides solutions and ideas for artful plantings that consider color, texture and form in the garden.

Saturday, April 12, 2014 1:00pm

Spring Card Class

Stampin's Up's Debbie Spano can help bring in the spring season with some beautiful handmade cards!

\$4.00 per person.

Monday, April 14, 2014 6:00pm

Mortgage 101

Unsure of how the mortgage process works?

Guest speaker Mary Kay Groen of First Midwest Bank will join us for a short presentation about the application process

and answer your questions!

Please register in advance.

Monday, April 7, 2014 6:00pm

Lincoln: Comander in Chief

Guest Speaker and illustrator Jim Weren shares an exciting and informative presentation about one of the most famous presidents in American history, featuring some of his own artwork. Please register.

Monday, April 21, 600pm

Organ Donor sign up

Have you considered becoming an organ donor? A representative from the Secretary of State's office will be here to help you register and answer any questions.

Friday, April 18, 2014 12:00-4:00pm

Free Computer Classes

Need to improve on your computer skills?

Work one on one with one of our librarians during a 45 minute session on Fridays.

Available topics include:

Basic Computer Skills, First Time Internet, and E-mail Set Up.

Please call for dates and times.

New for 2014 on our Website!

Download Magazines from Zinio

Now you can download library magazines to your tablet, desktop or smart phone.

Print from Home!

Crestwood Library now offers Wireless printing from all of your devices!

Visit our website for more information!

www.crestwoodlibrary.org

Has your family added their name to our book shelves?

What a great way to support our library! Books on our Library Mural are available to purchase starting at \$25.00.

All proceeds go to support the library general fund and are a great way to commemorate any event happening in your home!

Remember to visit our website: www.crestwoodlibrary.org or call 708-371-4090 for all program details

April Events at Crestwood Public Library

***** Celebrate National Library Week - April 13-19, 2014 *****
Entertainer Rob Erdman returns with his magical puppet show on
April 16, 2014 at 6:00pm
All Ages Welcome!! Tickets at Front Desk

Youth Programs

Annual Poetry Contest

April is National Poetry Month, and our annual poetry contest. Children grades 3-12 can enter any original poem into the contest. All original poems must be entered by April 24th for judging on April 28. Stop at the library Front Desk for a complete list of rules.

Chess Club

Have you wanted to learn to play chess, need some practice, or just want to play the game?
Crestwood Library is starting a Chess Club for ages 7 to adult.
This six week class begins Saturday, April 5, at 12:30pm Registration Required

Read to the Dogs

Children K-5 that would like to practice their oral reading can come read to Therapy dogs - Piranna-Banana & Birdy.
Tuesday, April 15 from 5:00-6:00pm

S.T.E.M. Science Club

Children in grades 1-5 will learn about Earth Day during this month's S.T.E.M. Club. Presented by ME4E science.
Thurs. April 17, 2014 Grades K-4 4:00pm \$2.00/child.
Space limited to 15 children per class. Register at Front Desk

April Book Buddies

Children ages 3-6 can spend time with a Shepard High School student reading books and making a small craft.
April Dates: April 8 & 22, 2014 6:00-7:00pm Please Register

Poem in Your Pocket

Celebrate National Poem in Your Pocket Day by reading your favorite poem to a librarian all day on Thursday, April 24 and earn a special treat.

Kids Club

Kids K-2 come join us for an Eggcellent adventure as we have an Easter Party!
Please register.
Thurs., April 10, 2014 4:00-5:30

Library Worker Appreciation Day

Tuesday, April 15, 2014 is Library worker Day.
Stop in and say thank you to your favorite

Spring Pajama Time

Children 4-9 hop to the library in your PJs to hear spring stories and make a spring craft. **Tues. April 29, 2014**

Registration Required for all programs. Call 708-371-4090 for details.

Become a Monitor

Nature lovers from across the county are flocking to upcoming monitor training workshops. These free classes teach volunteers how to use their passion for wildlife to help scientists better understand the health of plants and animals in the forest preserves. Along the way, monitors have a very special opportunity to get up-close and personal with some of Cook County's most amazing places and animal populations. This spring, monitoring opportunities exist in each of these categories: butterflies, rare plants, dragonflies, invasive plants, and birds.

Monitoring is a great activity for a wide-array of ages and can be done throughout the county. No experience is required, simply a passion for wildlife and a willingness to complete basic fieldwork.

To learn more about monitoring and other volunteer opportunities in the forest preserves, please visit **fpdcc.com/volunteer**



Fun & Entertainment

*Sudoku and Crossword Answers appear in next issue

FREE CLASSIFIED
ADVERTISING
FOR CRESTWOOD
RESIDENTS!

CRESTWOOD RESIDENTS are invited to place free advertisements in the Crestwood Adviser. Free classified ads are offered to Village of Crestwood residents only and are limited to 20 words or less and can include information related to the following items:

- Garage Sales
- Lost and Found
- Large Appliances
- Automobiles
- Motorcycles
- Boats and Trailers

NON-RESIDENTS AND AREA BUSINESSES can place classified advertisements for goods and services for just \$5.00 for twenty words under the following categories:

- Garage Sales
- Appliance and Electronics Sales
- Transportation (Cars, Boats, Motorcycles)
- Homes for Sale or Rent
- Apartments for Sale or Rent
- Employment Openings
- Jobs Wanted

To place your classified ad
call 708-293-1430

SUDOKU

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1 – 9, without repeating any.

	2					9		
			8	5	6	7		
					7	3	5	
	5	6		7				
9								5
				3		8	1	
	1	9	6					
		7	5	8	9			
		3					9	

March
Sudoku Solution

1	6	4	3	9	5	7	2	8
5	3	8	4	2	7	6	1	9
9	2	7	8	1	6	5	4	3
8	9	3	7	6	1	4	5	2
6	7	5	2	4	8	3	9	1
4	1	2	5	3	9	8	6	7
2	8	1	6	5	3	9	7	4
3	4	6	9	7	2	1	8	5
7	5	9	1	8	4	2	3	6

March
Crossword Solution

R	I	G	I	D		C	A	B	S		I	D	L	E			
A	O	R	T	A		D	R	O	P		L	O	O	P			
S	T	I	C	K		S	E	R	E		L	U	B	E			
P	A	T	H	O	S		A	G	E	D		B	E	E			
			E	T	H	O	S		D	U	S	T	S				
P	R	O	S	A	I	C			B	O	O						
H	E	X				P	E	O	N	Y		F	A	D	E		
I	D	E	A			A	D	O				T	R	A	P		
L	O	N	G			K	N	E	L	L			A	L	I		
				O	L	E				A	E	R	O	B	I	C	
		A	N	N	O	Y			I	N	F	E	R				
B	T	U				W	H	A	T			T	R	A	C	T	S
R	O	L	E			O	P	E	N			E	C	L	A	T	
I	L	L	S			L	I	M	A			A	L	A	R	Y	
E	L	S	E			E	A	S	Y			D	E	N	S	E	

ACROSS

- 1 Imp
- 4 Tender beef
- 8 Tyrant
- 12 Atmosphere
- 13 Church part
- 14 Take place
- 16 Pure quartzes
- 18 Went without food
- 20 Island nation
- 21 Water film
- 23 Thai
- 24 Big Apple (abbr.)
- 25 Swamp
- 26 Publicity
- 27 Call a pager
- 29 Portend
- 32 Teaspoon (abbr.)
- 33 Colors
- 34 Fumed (2 wds.)
- 38 Harbor
- 40 Afternoon tea (2 w
- 41 River
- 42 Beano
- 43 Molder

- 38 Harbor
- 40 Afternoon tea (2 wds.
- 41 River
- 42 Beano
- 43 Molder
- 44 Front leg
- 46 Wind pointer
- 47 Shallow area
- 50 Scarlet
- 51 Luau dish
- 52 Spark
- 53 Alder
- 55 Large eastern religion
- 58 Surroundings
- 60 Unimportant people
- 63 Marker
- 64 Gain
- 65 Evening
- 66 What a clock tells
- 67 Doctor's picture
- 68 Free of

DOWN

- 1 Every
- 2 Italian money
- 3 Iron skillet (2 wds.)
- 4 Prophetic

1	2	3		4	5	6	7		8	9	10	11		
12					13				14				15	
16			17						18					19
20							21	22				23		
		24				25					26			
27	28				29				30	31				
32				33					34			35	36	37
38			39					40						
41							42					43		
			44			45					46			
47	48	49				50				51				
52				53	54					55			56	57
58			59				60	61	62					
	63						64					65		
			66				67					68		

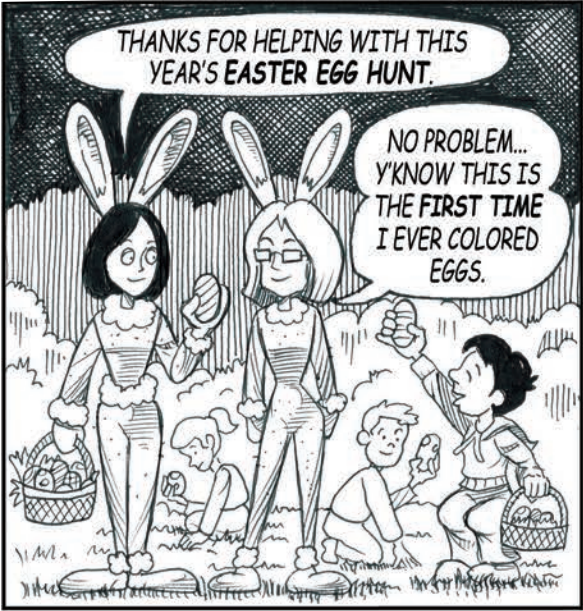
- 4 Prophetic
- 5 Environmental protection agency (abbr)
- 6 American sign language
- 7 Leaseholders
- 8 Meat alternative
- 9 Sham
- 10 American Cancer Society (abbr.)
- 11 Full of ruts
- 15 Harvest
- 17 Eye infection
- 19 Mold
- 22 Nervous system
- 25 Dither
- 26 Hebrew 8th letter
- 27 Posttraumatic stress disorder
- 28 At sea
- 29 More refined
- 30 Growing older

- 31 ___ girl
- 33 Tramp
- 35 Washington state mountain (2 wds.)
- 36 Billions of years
- 37 Go out with
- 39 Smoke
- 40 Mind
- 42 Nose tissue
- 45 Bard's before
- 46 Quash
- 47 Cram
- 48 Little Mermaid's love
- 49 Widely known
- 51 Ersatz
- 53 Time in office
- 54 Ancien German character
- 56 Hindu goddess, consort of Siva

- 57 Secondhand
- 59 Roman three
- 61 Canoe propeller
- 62 Undergarment

Crestwood's very own ongoing strip,...

94 South by Jim McGreal



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SUMMER JOB LISTINGS

Employment Opportunity Summer 2014



Are you interested in leading a group of high school students completing hands-on conservation projects in the Forest Preserves?

The Student Conservation Association and Friends of the Forest Preserves are currently accepting applications for Crew Leader positions for our 2014 Chicago- **Conservation Leadership Corps**

Crew Leader Duties: Co-lead, supervise and mentor a team of 10-12 high school youth, ages 15-19 for six weeks (Mon-Fri. 8hrs/day) completing an assortment of hands-on conservation and restoration projects within different areas in the Forest Preserves of Cook County and plan and lead weekly educational field days.

Qualifications: 21yrs or older; valid driver's license for 3+ years and clean driving record; current Basic First Aid and Adult CPR certifications or ability to obtain; State of Illinois herbicide license or willing to obtain one; outdoor skills; experience working with urban youth; ability to maintain safe, productive and enjoyable work environment; strong interest in working with and mentoring youth. Plant Identification, Midwestern ecology, or knowledge of the Forest Preserves is a plus!

Dates of Service:

Program Dates: June 30 – August 8, 2014

Crew Leader Training(s): June 4th - 13th and Local Training June 23rd -24th

Salary: \$13hr - \$15hr depending on qualifications and experience

For More Information:

please email Alice Brandon at alice@fotfp.org

To Apply: please sign up and submit an application on the SCA website:

<http://www.thesca.org/serve/field-leader-position-types>

-choose the "Community Crew Leaders" option

for questions regarding the application processes please email Carina at cruiz@thesca.org

FOR HIGHEST CONSIDERATION APPLY BY APRIL 16, 2014

Applicants are highly encouraged to apply early as positions are filled on a rolling basis.

Equal opportunity employer promoting diversity in the environmental community

WANT A GREAT SUMMER JOB WORKING IN THE FOREST PRESERVES?

CHICAGO CONSERVATION LEADERSHIP PROGRAM SUMMER 2014



Join a crew of students to help the forest preserves this summer.

Work on assignments like:

invasive plant removal • native gardening • tree mulching • trail maintenance

\$8.25 per hour

6 week program June 30-August 8, 2014

Must be in high school or a 2014 high school graduate between the ages of 15 and 19

Must like working hard outdoors in a variety of weather conditions

Must have a strong interest in learning about the forest preserves and the environment

To learn more or to apply contact Alice Brandon: alice@fotfp.org

Applications can also be downloaded at www.fotfp.org

(click on "About" then "Jobs & Internships")

APPLICATION DEADLINE IS APRIL 16, 2014



JOB LISTING - NOW HIRING!!!

Culvers in Crestwood is NOW HIRING!!!

Hiring Managers and Porter/Maintenance Technicians with a True Blue Spirit and Attitude.

Culvers of Crestwood

13300 South Cicero.

Apply: www.jobs-culvers.icims.com



Are you looking for work?

Have you lost your job while working in manufacturing or transportation during the recession?

The Calumet Area Industrial Commission in conjunction with Chicago Cook Workforce Partnership and Illinois Department of Commerce and Economic Opportunity provides free placement services with area Industry.

We are currently recruiting

- Warehouse staff
- Industrial Electricians
- Mechanics
- Welders
- Assemblers
- Forklift Operators
- Overhead Crane Operators

We never charge a fee to the company or job applicant. We receive funding from Chicago Cook Workforce Partnership and Illinois Department of Commerce and Economic Opportunity to serve Illinois residents who have lost their job through no fault of their own.

Call today to schedule an appointment to see if you are eligible for our OJT placement services.

Call 773.928.6000 ext 227



www.calumetareaindustrial.com



www.workforceboard.org



**Illinois
Department of Commerce
& Economic Opportunity**
Pat Quinn, Governor

Career Paths and Coffee on April 2nd

Discover the benefits of being an adult learner at Moraine Valley. Attend one of our free Adult Information sessions where you can learn more about course options, how to enroll, get information on obtaining financial aid, and more. Refreshments will be served. No RSVP required.

Moraine Valley Education Center at Blue Island

April 2 - Main Campus | Building S, Room S117A | 10 a.m. or 6 p.m.

MYCHAL J. TOSCAS

REALTOR



*Life-long Crestwood
Resident*

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SPORTS



Crestwood Soccer Club Registration

In-person registration for the 2014 season will be held on April 5, 2014 and April 19, 2014 from 9:00 a.m. until noon at the Crestwood Soccer Club, 13900 S. Lavergne Avenue, Crestwood. You can also register via our website at **www.crestwoodsoccerclub.com** anytime after **March 1st, 2014** and before **April 19th, 2014**.

Registration for your first child is **\$75.00** and **\$60.00** for each additional child. Registration after April 19th, 2014 will be considered late and additional fees apply. Opening day is Saturday, **August 9th, 2014**. Any questions, please call **(708) 396-BALL(2255)** and ask for **Kristy**.



Incarnation 7th grade SSC champions. Great job Chargers!



Nathan Hale 8th grader Qualified for Regional Gymnastics

Madalyn Roe an 8th grade student at Nathan Hale Middle has something incredible to be proud of. On March 21st, 2014 Maddy competed in the USAG Women’s Gymnastics Illinois State meet. All of her hard work this season preparing for this meet paid off. Maddy brought back a State Title. LEVEL 9 State Beam Champion!

Madalyn (8th grade student at Nathan Hale Middle)

Maddy has been a competitive gymnast since the age of 7. She attends “BIG” Balance Institute Gymnastics in Burr Ridge, Illinois. Maddy has a tough weekly schedule that consists of over 20 hours a week at the gym while maintaining her grades as an honor student at NHM. She has dedicated a huge portion of her life to training for gymnastics.

This weekend has proved that hard work and dedication will help you reach your goals. Madalyn has now qualified for the Regional Gymnastics meet in Michigan, in April. Here she will compete against top gymnasts in the region and she will try to qualify for a chance to attend the National Competition in Florida, in May. **GOOD LUCK MADDY ROE!**



2014 Season

PLAY BALL! CRESTWOOD T-BALL

Mayor Lou Presta wants every child in Crestwood to have the opportunity to play this summer. To help make this happen the Mayor is offering Crestwood T-Ball for free to every Crestwood youngster this year!

Crestwood T-Ball Registration for 2014 Season

- Where:** Crestwood Recreation & Wellness Center
135th and Long (across from Nathan Hale)
- When:** Now thru April 20th, 2014
- Ages:** Boys & Girls: 5yrs old by 12/31/2014 through 7yrs old
- Cost:** \$0 for resident - \$25 for non-residents
Participate in the World’s Finest Chocolate Fundraiser Participation Includes Shirt, Hat, Pictures Trophy & Fun Games are played at Walker Park - 13900 & Laramie
Wednesday evenings at 6pm and Saturdays at 10am
Season runs from April 27 till mid June
Teams are picked and practices start in April

Goal of Crestwood T-Ball: To teach the fundamentals of baseball/softball in a relaxed, friendly and fun environment. To let the players enjoy playing the game and to have fun doing it so that they will want to continue playing for many years. To help children learn how to associate with others in a team environment, play well with others and understand what being a good sport is all about.

- Games last Approximately 75 minutes normally 3-4 innings**
- Games are played as normal games, positions are taught
 - Players can hit singles, doubles, triples and even an occasional homer. Players hit off a batting T so they can develop and concentrate on a good swing.

No Aluminum Bats are used - the ball reacts too quickly for the young players.

For information contact
Crestwood Recreation/Wellness Center **(708) 371-4810**



REGISTRATION FEES FOR 2014 SEASON



	WED April 9TH	WED June 11TH
1st child	\$125.00	\$135.00
2nd child	\$90.00	\$100.00
3rd child	\$80.00	\$90.00
4th child	\$70.00	\$80.00

WHERE: Crestwood Rec Center 5331 W. 135th Street 6-8 pm
Initial Fundraising Obligation -- 100% recoupable for participants
1st child PARTICIPATION \$100.00 or \$80.00 (BUY OUT)
2nd Child PARTICIPATION \$50.00 or \$40.00 (BUY OUT)
+ \$75.00 Participation Obligation -- 100% Refunded after hours fulfilled and ALL equipment returned
(additional fundraising will be required during season)

ASK US ABOUT MORE WAYS TO REDUCE COSTS!!!
WWW.MIDCRESTPANTHERS.COM

LAST CHANCE FOR REGISTRATION WILL BE OUR FREE CONDITIONING CAMP JULY 28TH THROUGH AUGUST 1ST @CAESER PARK (142ND AND KENTON) 6-8PM